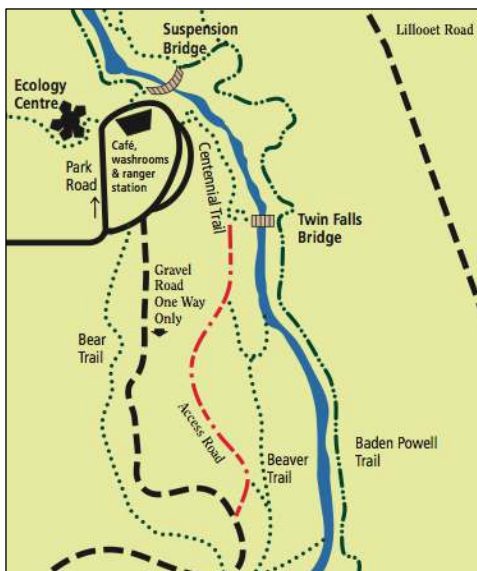


Lynn Canyon's Bear & Beaver Trails

We can all guilty of taking for granted things that are right under our nose. When's the last time you explored Lynn Canyon? Perhaps it's been a while. In that case, you can refresh yourself with this hike, which takes in a few of the canyon trails that are a little off-the-beaten tourist track. Dogs allowed? Yes. Stroller-friendly? No. Time needed? About one hour, return. Map? Click [here](#).



Map excerpt courtesy NVD Parks Dept. 1

This loop walk begins on the Bear Trail, the beginning of which is located just off the canyon exit road where it meets Peters. If you're driving, you can park in the unpaved lot that's before the ecology centre, and retrace your steps back to the gravel road to find the trailhead (marked "Ross Road Trail," though it's "Bear Trail" on the Lynn Canyon Park map).

The first several minutes of the trail are flat and suitable for wheeled devices, and give hikers a shaded walk through typical canyon rainforest. While most of its length runs parallel (but well above) the gravel service road that connects the canyon park to Ross Road, it eventually descends and crosses this road. Just before it does, you'll come across areas where the trail widens and flattens, and this is where earlier film crews have set up to shoot scenes from shows such as *Battlestar Galactica* and the *Percy Jackson* movies.

Once you've crossed the service road and plunged back into the forest, you can take the first left-hand turn (onto the Beaver Trail), or you can forge ahead and take a five-minute detour down the sloped path that runs over a buried water pipe and leads down to the river - take a break on the banks for a spell! Make your way back up to the Beaver Trail, and turn north through the forest. After a few minutes you'll come to a fork in the road; the right-hand branch will take you down to the creek again, or veer to the left to stay on our loop trail. You'll meet up with a gravel access road, at which point you'll turn right and soon arrive at an open clearing that heralds the start of the Centennial trail.

While you can take this trail up to the Lynn Canyon Cafe, turning right and going down the stairs to Twin Falls give you a chance to see the rushing waters up close from the wooden bridge that takes you across Lynn Creek. Take the stairs up the far banks, and you'll find yourself on the famous Baden Powell



trail. Turning left will take you up to the suspension bridge and the always awe-inspiring crossing that will lead you back to the Lynn Canyon Cafe and parking lot.

At that point – especially if you’ve taken some of the detours from Beaver trail down to the creek – you’ll have earned a rest at one of the picnic tables, a cool drink from the Café, or a visit into the Lynn Canyon Ecology Centre, open year-round by donation.

We hope you had a great day out! If you’d like to share photos or trail updates, please post your experiences on the [LynnValleyLife Facebook page](#), or email us at info@LynnValleyLife.com.

