

The Varley Trail

This trail was named for painter Frederick Varley, a member of Canada's famed Group of Seven, who lived across from Pipeline Bridge in the mid-1930s. Dogs allowed? Yes. Stroller-friendly? No. Time needed? About one hour, return. Map? Click [here](#).

Varley Trail is a scenic route into Lynn Headwaters Park and runs alongside Lynn Creek. It can be accessed from the end of Rice Lake Road (which veers east off the top of Lynn Valley Road) or from any of Lynn Headwaters Park's three parking lots.

This beautiful forest trail meanders along the west bank of Lynn Creek, and allows access to the creek in certain areas. (Please observe all warning signs, as the water is high and the current strong most of the year.)

The 1.5-km trail is gently sloping with a few short staircases, and it leads through rainforest flora such as maples, hemlocks, firs, cedars and forest floor species such as salmon berries, skunk cabbage, salal and ferns.

Depending on your pace, it takes 20 to 30 minutes each way; a stop at the Lynn Headwaters end will allow you a chance to visit the historical displays in the B.C. Mills House, and to rest in the grass picnic area adjacent to the creek. (A bridge over the river leads to further walking and hiking trails that range from beginner to advanced.) Also available in this area are outhouses, drinking fountains, information boards and trail maps.

On the other end of the trail, the End of the Line General Store is located at the top of Lynn Valley Road and is a popular stopping point for thirsty ramblers looking for a rest.

We hope you had a great day out! If you'd like to share photos or trail updates, please post your experiences on the LynnValleyLife Facebook page, or email us at info@LynnValleyLife.com.

