




## Meaningful Connections: Spiritual Discussions

### Celtic Practices

Join us for a new and intriguing series in our local community to better understand and grow a faith practice through curiosity and learning. This first series is based on Celtic Spiritual Practices.

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- **April 20<sup>th</sup> Smoothing the Fire: Mindfulness in ordinary everyday physical activity**
  - **May 11<sup>th</sup> Illumination: Beauty as Spiritual Practice**
  - **May 25<sup>th</sup> Celtic Knots as Spiritual Practice: Interweaving life and the sacred**
  - **June 8<sup>th</sup> Holiness of Rocks and Trees, Skies and Seas: Cultivating Awe as a Spiritual Practice**  
*(A Celtic dinner starting at 6 to wrap up the series)*

- When:** Mondays, 7:00pm to 9:00pm
- Where:** Molly Nye House, 940 Lynn Valley Road, North Vancouver
- Cost:** \$10.00 for first three sessions, \$20.00 for dinner or \$50.00 for whole series
- How:** Register by calling 604.988.4418 (St Clement's- messages are checked frequently) or email at [admin@stclementschurch.ca](mailto:admin@stclementschurch.ca)  
Ask us about babysitting

The Venerable Lynne McNaughton, who has a doctorate in Spirituality, leads the Series. She has led pilgrimages to Ireland and other ancient Celtic sites in Brittany (France), Wales, England and Scotland. Lynne has taught Celtic Spiritual Practices as adjunct faculty at Vancouver School of Theology and in several Canadian Aboriginal communities.

